

PILATES EDUCATION CALENDAR 2016



JANUARY	FEBRUARY	MARCH	APRIL
			<p>Introduction to Anatomy Apr 7-8, 9-5pm</p> <p>Mat 1 Apr 9, 1-6pm Apr 10, 9am-6pm Apr 17, 12-3pm</p> <p>Mat 2 Apr 17, 3-6pm Apr 23, 1-6pm Apr 24, 9-6pm</p>
MAY	JUNE	JULY	AUGUST
<p>Reformer 1 May 14, 1-6pm May 15, 9-6pm May 21, 1-6pm</p> <p>Reformer 2 May 22, 9-6pm May 28, 1-6pm May 29, 9-12pm</p> <p>Reformer 3 May 29, 1-6pm</p>	<p>Reformer 3 (continued) June 4, 1-6pm June 5, 9-1pm</p>	<p>Reformer 1 July 11-14, 1-6pm</p> <p>Reformer 2 July 16, 1-6pm July 17, 9-6pm July 18, 1-6pm</p> <p>Reformer 3 July 19-21, 1-6pm</p>	<p>Introduction to Anatomy Aug 11-12, 9-5pm</p> <p>Mat 1 Aug 13-16, 2-6pm</p> <p>Mat 2 Aug 18-21, 2-6pm</p> <p>Mat & Foam Roller (workshop) Aug 23, 3-6pm</p> <p>Mat & Ring (workshop) Aug 24, 3-6pm</p> <p>Mat & Balls (workshop) Aug 25, 3-6pm</p> <p>Mat & Bands (workshop) Aug 26, 3-6pm</p> <p>Reformer 1 Aug 29-31, 1-6pm</p>
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
<p>Reformer 1 (continued) Sep 1, 1-6pm</p> <p>Reformer 2 Sep 3-6, 2-6pm</p> <p>Reformer 3 Sep 8-11, 2-6pm</p>		<p>Introduction to Anatomy Nov 30, 9-5pm</p>	<p>Introduction to Anatomy (continued) Dec 1, 9-5pm</p> <p>Mat 1 Dec 2-3, 1-6pm Dec 4, 9-5pm</p> <p>Mat 2 Dec 6-7, 1-6pm Dec 8, 12-6pm</p> <p>Reformer 1 Dec 10, 1-6pm Dec 11, 9-6pm Dec 12, 1-6pm</p> <p>Reformer 2 Dec 14-15, 1-6pm Dec 16, 12-6pm</p> <p>Reformer 3 Dec 18, 9-5pm Dec 19-20, 1-6pm</p>

Calendar is subject to change. Visit our website <http://www.movementmatters-bali.com/> for the most updated schedule. For more information, email us at ubud@movementmatters-bali.com.

MOVEMENT MATTERS BALI

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